

Paramount South Bend

April 2024

Weekly Breakfast Menu

Monday – Sausage Egg Bagel
 Tuesday- Yogurt and Benefit Bar
 Wednesday – Cinni Mini with Cheese Stick
 Thursday- Cereal Bar
 Friday- Apple Frudel

Ham & Cheese Sandwich and Chef Salad Offered Daily
 All salads can be made vegetarian.

* Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL
8 NO SCHOOL	9 Spaghetti with Meatball Salad Mix Apple	10 Chicken Dumpling Pasta Mixed Vegetable Diced Peaches	11 Turkey Sausage French Toast Sticks Hashbrown Pear	12 Cheese Pizza Carrots Applesauce
15 Corn Dog Celery Apple	16 Beef Nachos Refried Bean Banana	17 Chicken Mashed Potato Bowl Broccoli Peaches	18 BBQ Chicken Sandwich Tater Tots Pear	19 Cheese Pizza Carrots Apple
22 Meatloaf Baked Beans Pears	23 Crispito Broccoli Apple	24 Pancake Bites Cheese Omelet Celery Peaches	25 Spicy Chicken Corn Applesauce	26 Cheese Pizza Carrots Apple Slices
29 Pork Rib Sandwich Green Beans Orange Slice	30 Beef Tacos Black Beans Banana			Now Hiring!! Food Service is Hiring! Work While Kids are in School Great Benefits Apply online @ www.aramark.com

SWEET TARTS

Apricots are part of the rose (rosaceae) family, which explains why they smell so sweet. These tangy, succulent fruits are nutrient powerhouses—chock full of vitamins A and C, fiber, iron, antioxidants, and calcium. They are also one of the few fruit that possesses nearly all of the minerals necessary for bone growth. These drupes, similar to small peaches with their yellowy orange, sometimes velvety skin, are versatile and often enjoyed fresh, dried, juiced, made into jam, or baked into desserts such as tarts. California, with over 9,000 acres planted, accounts for 95 percent of the nation's total apricot production.



I say
ape-ricot!

ACTIVITY: YOU DON'T SAY...

Depending on your geographic location, many words are pronounced differently. Try saying the different pronunciations of the words listed below. Circle the one you regularly use and compare with friends and family.

Apricot
app-ricot
ape-ricot

Lawyer
loyer
law-yer

Bagel
bay-gull
bah-gul

Mayonnaise
may-uh-naze
man-aze

Pecan	
pee-KAHN	PEE-can
pick-AHN	PEE-kahn

Tour
tore
too-er

Crayfish
cray-fish
craw-fish

Caramel
car-ml
carra-mel

Syrup
sear-up
sih-rup
sir-up

Crayon	
cray-ahn	cran
cray-awn	crown

DID YOU KNOW?

MY PRECIOUS Apricot is Latin for “precious”. Many believe they earned this name because they ripen earlier than other summer stone fruits like peaches or cherries.

FRUITFUL TRAVELS Apricots are cultivated on every continent except Antarctica.



ACE'S JOKE OF THE MONTH



Q. WHAT DID THE FRUIT SAY WHEN IT SAW ITS BRANCH START BENDING?

SEE ANSWER BELOW